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| Develop a SMART goal for your Virtual Internship Program | | | |
| Criteria | Description | Questions to consider | Your answer |
| Specific | States in clear terms what outcome, result or behaviour is to be achieved. | * What do I want to accomplish on this program? * How will I accomplish it? * Why do I want to accomplish is? * Who will need to be involved? | *The basics goal is to understand the working of technology. I can accomplish it by learning and performing different tasks..i want to make career in Cybersecurity field for which understanding how thongs work in important.* |
| Measurable | Includes a description of the desired outcome and/or measurable results. | * How will I measure this? * How will I know when I’ve completed it? * How will I know if I’m on track to complete this program? | *I will measure it with my problem solving speed after completing the internship. If the result are satisfactory the goal is archived .* |
| Achievable | A realistic expectation, given time and resources. | * Do I have the skills and knowledge currently to complete this program? * Is this the right time for me to complete this program? * Do I have enough time and resources to complete this program? * Does this goal challenge me in the right way? | *Yes, I have the skills and knowledge currently to complete this program.*  *Yes as the current pandemic situation of covid-19 at home i have time to impemy skills and contribute in this internship.*  *Yes i have enough time and resources to complete this program.* |
| Relevant | There is a clear link to the goals of the department, division, the company and its values. | * Is this worth my time and effort? * How does this link to my career choice? * Is this the right time to complete this program for me? | *As the lockdown is going onn its the right time for me to gain valuable knowledge and completing this internship* |
| Time Bound | There is a time limit or deadline by which the objective must be achieved, and there may be a time frame to track phases of completion in an action plan. | * When do I want to complete the program by? * How long do I want to allocate to each module? * How will I track my progress against time per module? * What is my target end date? | *Every day i spend 2 hour for internship program.*  *Within 15 days i will be able to complete this internship* |

Now write out your SMART Internship Goal in full (considering the answers to your questions from above):